



## BABYSITTER CHECKLIST & INSTRUCTION SHEET

THE PHONE NUMBER YOU ARE CALLING FROM	IN AN EMERGENCY DIAL 911
	Identify yourself by name, tell the operator that you are babysitting. Calmly describe the problem. The operator will ask you further questions to help determine the problem. Calmly answer these questions. The operator has notified field units of the situation and <u>help is on the way</u> . The operator will give you instructions to help you with the situation. Stay on the phone until instructed to do otherwise. The people at 911 are trained professionals and will doing everything possible to help you.
OUR ADDRESS IS	
THE CLOSEST INTERSECTION/CROSS STREET	

Family Name		Alternate contact		Family Doctor's Name	
Contact Number		Alternate contact phone		Family Doctor's Phone	
Pager Number		Alternate contact address		Family Doctor's Address	
Parents location					
Parents will be home at		Neighbors		Poison Control Center	
Nearest family relative		Neighbors address		Veterinarian's phone	
Nearest family phone		Other		Other	
Nearest family address					

Childs Name		Childs Name		Childs Name	
Age		Age		Age	
Bedtime		Bedtime		Bedtime	
Medications		Medications		Medications	
Time		Time		Time	
Drug		Drug		Drug	
Dosage		Dosage		Dosage	
Preexisting Medical Conditions		Preexisting Medical Conditions		Preexisting Medical Conditions	
Blood Type		Blood Type		Blood Type	
Medication Allergies		Medication Allergies		Medication Allergies	
Food Allergies		Food Allergies		Food Allergies	
Other Instructions		Other Instructions		Other Instructions	

# MEDICAL RELEASE

Date:

Time:

To Medical Personnel,

Please give \_\_\_\_\_ the authority to make emergency medical decisions for the minor children listed below on this date.

Sincerely,

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Parents of above listed children